Our Secret LipoSuction Comparison Chart

The Most Popular Lipo **Procedures Compared** Side-by-Side.

See Which One Is The Best For You.





Hi, I'm Dr. Timothy Zelko, a Nationally Recognized Body Contouring **Provider.** In the last 11 years of my career I have performed thousands of body contouring procedures and have helped women achieve the body they desire without significant invasive surgeries, pain or excessive downtime.

In the following pages you'll find **Our Secret Liposuction Comparison Chart.** What makes the chart unique is that I've used every technology listed. It is unlikely that there is another doctor in the US that has this experience with all the various technologies.

I have rigorously searched for THE BEST procedure for you. This chart will give you a thorough understanding of your options. With this information, you are now able to make an informed decision on which procedure is right for you.





I do this with the **Tickle Lipo procedure** that provides a gentle approach to liposuction and in my opinion, is the best liposuction procedure available. Tickle Lipo benefits include: No general anesthesia, little discomfort, permanent removal of fat cells, quick recovery period, superior body sculpting, and convenience. It can be performed on Love Handles, Upper and Lower Abdomen, Inner Thighs and Outer Thighs, Hips, Buttocks, Chin, Chest, Upper Arms, Back Rolls, Legs and Ankles.



Dr. Timothly Zelko, aka Dr. Z,

Owner / OBGYN / Cosmetic Surgeon www.zbodysculpt.com

LipoSuction Comparison Chart										
		This chart is unique. You will not find this type of accurate information anywhere else online. Dr. Zelko is the author of this table and it is his experience using every technology listed that populates this chart. It is unlikely that there is another doctor in the US that has this type of experience with all the various technologies.								
NAMES	TICKLE LIPO	Smart Lipo	ProLipo	CoolLipo	Lipotherm	SlimLipo				
Mechanism of Action	Infrasonic Energy	Laser	Laser	Laser	Laser	Laser				
Excessive Heat Exposure	Νο	Yes	Yes	Yes	Yes	Yes				
Use of Sharp or Cutting Instrumentation	Νο	Yes	Yes	Yes	Yes	Yes				
Numbing Process*	Comfortable	Uncomfortable	Uncomfortable	Uncomfortable	Uncomfortable	Uncomfortable				
Use of Tumescent (Local) Anesthesia	Yes	Yes	Yes	Yes	Yes	Yes				
Length of Procedure	3 hours	3-5 hours	3-5 hours	3-5 hours	3-5 hours	3-5 hours				
Recovery Process/Time to End Result	Shortened at 3-4 wks	Prolonged/ 3-6 months	Prolonged/ 3-6 months	Prolonged/ 3-6 months	Prolonged/ 3-6 months	Prolonged/ 3-6 mont				
Drainage Amount**/Days	Minimal/1-2	Moderate/3-5	Moderate/3-5	Moderate/3-5	Moderate/3-5	Moderate/3-5				
Time to Resume Normal Activity	1-3 wks	2-4 wks	2-4 wks	2-4 wks	2-4 wks	2-4 wks				
Compression Garment Length of Wear***	1-2 wks	4-6 wks	4-6 wks	4-6 wks	4-6 wks	4-6 wks				
Fat Removal Effectiveness	Good	Good	Good	Good	Good	Good				
Amount of Pain Post-Procedure	Minimal	Minimal - Moderate	Minimal - Moderate	Minimal - Moderate	Minimal - Moderate	Minimal - Moderate				
RY IMPORTANT pranatant/Infranatant Ratio (average)**** s ratio is the amount of fat removed (supranatant) to the amount	80%	65%	65%	65%	65%	65%				

This rati of anesthetic fluid (infranatant) that comes out during the procedure.

*Numbing Process refers to the amount of discomfort that you experience during the anesthetic portion of the procedure.

^{**} Drainage Amount refers to the amount of fluid that will drain from the incision sites post-procedure.

*** Compression Garment is the tight fitting garment that is worn post-procedure to minimize post-operative swelling. The degree of swelling is related to the amount of tissue damage; the more tissue damage the longer a garment needs to be worn.

**** This is an extremely important measurement of effective and comfortable fat removal, unfortunately it is never talked about. This ratio is the amount of fat removed (supranatant) to the amount of anesthetic fluid (infranatant) that comes out during the procedure. You want as much fat as possible to come out and you want as much anesthetic fluid to remain in the body during the procedure, to keep you comfortable. Therefore the higher this percentage the more thorough and comfortable is the fat removal process.



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NAMES	TICKLE LIPO	VASER	Bodyjet	Traditional Lipo	Power Assisted Lipo
Mechanism of Action	Infrasonic Energy	Ultrasonic Energy	High Pressure Water Spray	Mechanical Cutting	Mechanical Cutting
Excessive Heat Exposure	Νο	Yes	No	No	No
Use of Sharp or Cutting Instrumentation	Νο	Yes	Yes	Yes	Yes
Numbing Process*	Comfortable	Uncomfortable	Uncomfortable	Uncomfortable	Uncomfortable
Use of Tumescent (Local) Anesthesia	Yes	Yes	Yes	Yes	Yes
Length of Procedure	3 hours	3-5 hours	3-4 hours	2-3 hours	2-3 hours
Recovery Process/Time to End Result	Shortened at 3-4 wks	Prolonged/ 3-6 months	Prolonged/ 3-6 months	Prolonged/ 3-4 months	Prolonged/ 3-4 months
Drainage Amount**/Days	Minimal/1-2	Moderate/3-5	Excessive/ 3-7	Moderate/3-5	Moderate/3-5
Time to Resume Normal Activity	1-3 wks	2-4 wks	2-4 wks	4-6 wks	4-6 wks
Compression Garment Length of Wear***	1-2 wks	4-6 wks	4-6 wks	4-6 wks	4-6 wks
Fat Removal Effectiveness	Good	Good	Poor	Good	Good
Amount of Pain Post-Procedure	Minimal	Minimal - Moderate	Minimal - Severe	Moderate - Severe	Moderate - Severe
VERY IMPORTANT Supranatant/Infranatant Ratio (average)**** This ratio is the amount of fat removed (supranatant) to the amount of anesthetic fluid (infranatant) that comes out during the procedure	80%	65%	50%	50%	50%

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Featured in:

Breakthrough Lipo Procedure Has You Back To Work In 1 Day, With Less Pain And Faster Results!

See For Yourself Why Tickle Lipo Is Being Called The Lipo Procedure Of The Future, At An Affordable Price.

Before & After Pictures

Please note individual results may vary







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